

Lifting Up the Global Knowledge

# **7<sup>TH</sup> INTERNATIONAL CONGRESS ON SHOULDER AND ELBOW THERAPY**

ROME CAVALIERI WALDORF ASTORIA HOTEL



#### **UNDER THE AUSPICES OF**











Marco Conti, MD, PhD ICSSSET President

Dear friends, Physiotherapists and Rehabilitation Doctors,

As President of the newly founded ICSSSET (International Confederation of Scientific Societies for Shoulder & Elbow Therapy - founded by representatives of EUSSER, SEPA, ASSET and JSS), it is my great pleasure to welcome you the 7th ICSET World Congress (International Congress Shoulder & Elbow Therapy) in Rome from the 6th to 8th of September 2023 in the splendid setting of the Rome Cavalieri Waldorf Astoria Hotel, with an unmissable view over all of Rome. The Congress will see the participation of famous experts of the sector from all over the world, both physiotherapists and surgeons, that will share the most up-to-date knowledge regarding the management of shoulder and elbow pathologies both conservatively and possibly post-surgically. Moreover, two pre-congress courses, aimed at managing specific pathologies and expressly set up to foster cultural and experiential exchange with the teachers, will precede the Congress. In addition, for the first time in the history of the ICSET congresses, with their registration fee, the participants at the Congress will be able to participate not only in the ICSET Congress works (i.e., targeted symposiums, presentation of original scientific papers, debates between surgeons and physiotherapists, keynote lectures by famous therapists & surgeons, parallel workshops aimed at acquiring knowledge and skills useful in daily work practice) but also at the ICSES Congress sessions (the surgeon's Congress): two birds with one stone!

Aware of the difficulties that there might be in coming to Rome from faraway, thanks to ad hoc video recording, it will also be possible (only for extra EU Physiotherapists) to review the main sessions of the Congress on demand, through the official website, from a couple of days up to 2 months. Such great efforts have been put to have your maximum participation both in presence and remotely: we strive for a real sharing of scientific, technical and experiential knowledge to benefit everyone, and your participation is important to us! My goal, and that of the entire ICSSSET board, is to put at your disposal a platform dedicated to ... "Lifting up the Global Knowledge"! We welcome you at the ICSET congress in Rome, the Eternal City, which will be able to fascinate us with an extraordinary Congress along with its priceless treasures of art and culture.

## **REGISTRATION**

	ONSITE From July 4, 2023 and onsite
PRECONGRESS COURSE*	150,00 €
THERAPIST (Physiotherapist)**	450,00€
VIRTUAL ON DEMAND***	200,00€

Fees are quoted in euro (EUR), per person, including 22% Italian VAT. Should VAT increase, registration fees will be adjusted accordingly.

- \* Registration fee includes: in-person attendance to one precongress course (to be held on September 6, from 8 to 12) and certificate of attendance \*Registration fee includes: in-person attendance to ICSES and ICSET scientific sessions and exhibition, congress material, welcome cocktail,
- \*\* Registration fee includes: in-person attendance to ICSES and ICSET scientific sessions and exhibition, congress material, welcome cocktail, coffee breaks, certificate of attendance

\*\*\* Registration fee includes: virtual ondemand access to the ICSET pre-registered speeches from plenary room sessions only and certificate of attendance. Virtual ondemand access will be available through a dedicated section on the official website from a couple of days after the congress end and up to 2 months after. The Organising Secretariat will send an access code to enter the platform.

### **ICSSSET FOUNDERS**

Marco Conti (ICSSSET President) Karen Ginn (SEPA & Scientific Committee President) Rebecca Dickinson (ASSET) Bruno Santullo (EUSSER) Takayuki Muraki (JSS)



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# **SCIENTIFIC PROGRAMME**

Time			WEDNESDAY SEPTEMBER 6
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ICSST 1 RODM   ICSST 2 RODM   S. Batter (standards)		ROOM	
ICST PROOM   Compared to the part of the	08.00-12.00		1. Practical application of WIP1 rehabilitation for multidirectional instability of the shoulder
12.55   13.55		ICSET 2 ROOM	2. Clinical reasoning to inform the choice of exercises for patients with shoulder dysfunction - evidence & application
13.30   15.00   (ICSET ROOM   (Midrelangel of 1)   1. The focas in clouder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the past, present and future perspective - F Stroyf (Belgium)   1. The focas in cholder: the focas in cholde	12.15-12.45	STEPHEN COPELAND ROOM	
CISST I ROOM   CISST I ROOM   CISST I ROOM   CINE   Confirm K Co	12.50-13.50		Luncheon Sessions
16.45-17.45   STEPHEN COPELAND ROOM   COSSETICSES Opening Ceremony   COCKRAIL - Societies members meeting   COCKRAIL - Societies Member - COCKRAIL - Socie	13.30-15.00		Chair: M. Conti (President ICSSSET)  1. The frozen shoulder: the past, present and future perspective - F. Struyf (Belgium)
TIME ROOM ICSET I ROOM (Michelangelo 1) Roopers Sensitive President EUSSER)  0.3 o 12.00 ICSET 2 ROOM (San Pietro) Chair : Mound instability: a new clinical framework - M. Olds (New Zealand)  10 .3 o 12.00 ICSET 2 ROOM (San Pietro) Chair : Mound instability: a new clinical framework - M. Olds (New Zealand)  10 .3 o 12.00 ICSET 2 ROOM (San Pietro) Chair : Mound instability: a new clinical framework - M. Olds (New Zealand)  10 .3 o 12.00 ICSET 2 ROOM (San Pietro) Chair : Mound instability: a new clinical framework - M. Olds (New Zealand)  10 .3 o 12.00 ICSET 2 ROOM (San Pietro) Chair : Mound instability: a new clinical framework - M. Olds (New Zealand)  10 .3 o 12.00 ICSET 2 ROOM (Coffee break ICSET) Resource & Pessident EUSSER)  12 .5 o 13.50 ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  13 a o 15.00 ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  13 a o 15.00 ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  14 a o 17 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  15 a o 17 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  16 a o 17 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  17 a o 18 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  18 a o 10 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  19 a o 12 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  10 a o 12 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  10 a o 12 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  10 a o 12 a o ICSET 1 ROOM (Michelangelo 1) Instability: a new clinical framework - M. Olds (New Zealand)  10 a o 12 a o ICSET 1 ROOM	15.05-15.35	STEPHEN COPELAND ROOM	
TIME ROOM (KST1 ROOM (Michalpaglo 1) Non-operative management of shoulder instability: a new clinical framework - M. Oids (New Zealand) (Michalpaglo 1) Non-operative management of shoulder instability: a new clinical framework - M. Oids (New Zealand) (San Petro) (Chair T. Miwaki (Member CSSSET Board) (Pice Papers: Potal Michalpaglo 1) (San Petro) (Chair T. Miwaki (Member CSSSET Board) (Pice Papers: Potal Santhola (CSSSET) (Pice Santhola (CSSSET) (Pice Santhola (CSSSET) (Pice Santhola (CSSSET) (Pice Santhola (CSSET) (Pice S	i - i	STEPHEN COPELAND ROOM	ICSSSET/ICSES Opening Ceremony
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CSET ROOM (Michelangelo 1)   Non-operative management of shoulder instability: a new clinical framework. M. Olds (New Zealand)	TIME	ROOM	
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Casir T. Murak (Member (CSSSET Board)     10.30-12.00   CSET 2 ROOM   Free papers: Post surgical Rehab Strategies     10.40-11.10   COFFEE BREAK AREA   Coffee break     12.50-13.50   Luncheon Sessions     13.30-15.00   CICSET 1 ROOM (Michelangelo 1)   Link (Link (Michelangelo 1)   Link (Michelange	08.30-10.00	<u> </u>	_
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12.15-12.45   STEPHEN COPELAND ROOM   Luncheon Sessions   Luncheon Sessions   Luncheon Sessions   Luncheon Sessions   Luncheon Sessions   Line   Luncheon Sessions   Line   Luncheon Sessions   Line   Luncheon Session   Line   Luncheon Session   Line   L	10.30-12.00		Free papers: Post surgical Rehab Strategies Chair: B. Santullo (ICSSSET Treasurer & President EUSSER)
12.50-13.50	10.40-11.10	COFFEE BREAK AREA	Coffee break
13.30-15.00   CSET I ROOM (Michelangelo 1)   Joint I CSSSET/ICSES discussion session   Chairs: M. Conti (ICSSSET) President), K. Ginn (IChair Scientific Committee ICSSSET)   Chairs: M. Conti (ICSSSET) President), K. Ginn (IChair Scientific Committee ICSSSET)   Chairs: M. Conti (ICSSSET)   Chairs: M. Conti (ICSSSET)   Consequence of patients with degenerative rotator cuff tear: surgical or conservative treatment? J.E. Khun (USA), H. Sugaya (Japan), A. Cools (Belgium), J. Gibson (United Kingdom)   Consequence   Con	12.15-12.45	STEPHEN COPELAND ROOM	Codman Lecture
13.30-15.00   ICSET 1 ROOM (Michelangelo 1)   Chairs: M. Contr (ICSSSET) Pesident); K. Ginn (Chair Scientific Committee (CSSSET)   Management of patients with degenerative rotator cut fleart: surgical or conservative treatment?   J.E. Khun (USA), H. Sogaya (Japan), A. Cools (Belgium), J. Gibson (United Kingdom)     15.35-16.05   COFFEE BREAK AREA   Coffee break     16.00-17.30   ICSET 2 ROOM (San Pletto)   Chair: I. Hultenheim-Kliniberg (Vice President EUSSER)     16.30-17.30   ICSET 1 ROOM (Michelangelo 1)   Workshop Functional Outcomes and Expectations Following Total Shoulder & Reverse Total Shoulder Arthroplasty M. Zens (USA)     17.30-18.30   ICSET 1 ROOM (Michelangelo 1)   Chair: A. Butcher of the Committee of the Commi	12.50-13.50		Luncheon Sessions
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16.00-17.30   ICSET 2 ROOM (San Pietro)   Free papers: Shoulder management 1 Chair: I. Hultenheim-Kintberg (Vice President EUSSER)	15.05-15.35	STEPHEN COPELAND ROOM	Morrey Lecture
16.30-17.30 (San Pietro) Chair: I. Hultenheim-Klintberg (Vice President EUSSER)  16.30-17.30 ICSET 1 ROOM (Michelangelo 1) Functional Outcomes and Expectations Following Total Shoulder & Reverse Total Shoulder Arthroplasty M. Zens (USA)  17.30-18.30 EUSSER AGM  10.30-12.00 ICSET 1 ROOM (Michelangelo 1) September 1 CSSSET) September 2 Chair: R. Dickinson (Vice President ICSSSET) September 2 Chair: R. Dickinson (Vice President ICSSSET) September 3 Chair: R. Dickinson (Vice President Industry Ind	15.35-16.05	COFFEE BREAK AREA	Coffee break
17.30-18.30   ICSET 1 ROOM (Michelangelo 1)   Functional Outcomes and Expectations Following Total Shoulder & Reverse Total Shoulder Arthroplasty M. Zens (USA)    17.30-18.30   EUSSER AGM    TIME ROOM   SESSION    8.30-10.00   ICSET 1 ROOM (Michelangelo 1)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan) 2. The stricky elbow: how to prevent post-traumatic elbow stiffness: tips & tricks for physiotherapists V. Jones (United Kingdom)    10.30-12.00   ICSET 1 ROOM (Michelangelo 1)   Workshop Rotator cuff related shoulder pain: what's new in its assessment & treatment F. Desmeules (Canada), J.S. Roy (Canada), D. Christiansen (Denmark)    10.40-11.10   COFFEE BREAK AREA   Coffee break    12.15-12.45   STEPHEN COPELAND ROOM   Neer Lecture    12.50-13.50   Luncheon Sessions    13.30-14.30   ICSET 2 ROOM (San Pietro)   Chair: S. Balster (President SEPA)    14.30-16.00   ICSET 1 ROOM (Michelangelo 1)   Free papers: Shoulder management 2    14.30-16.00   ICSET 1 ROOM (Michelangelo 1)   Free papers: Shoulder using a hand-held digital dynamometer - R. Lenssen (Australia)    14.30-16.00   ICSET 1 ROOM (Michelangelo 1)   Focused Symposium    14.30-16.00   ICSET 1 ROOM (Michelangelo 1)   ICSE	16.00-17.30		Free papers: Shoulder management 1 Chair: I. Hultenheim-Klintberg (Vice President EUSSER)
TIME ROOM  SESSION    CSET 1 ROOM (Michelangelo 1)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan)   Comprehensive management & treatment   Comprehensive management & treatment   Comprehensive management & Comprehensive management & Comprehensive management & Comprehensive management & Coffee Japan   Coffee Japan	16.30-17.30		Functional Outcomes and Expectations Following Total Shoulder & Reverse Total Shoulder Arthroplasty
ROOM   CSET 1 ROOM (Michelangelo 1)   CSET 1 ROOM (San Pietro)   Coffee break   Coffee break	17.30-18.30		EUSSER AGM
ROOM   CSET 1 ROOM (Michelangelo 1)   CSET 1 ROOM (San Pietro)   Coffee break   Coffee break   Coffee break   Coffee break   CSET 2 ROOM (San Pietro)   CSET 2 ROOM (San Pietro)   Coffee break   CSET 2 ROOM (San Pietro)   Coffee break   Coffee break   Coffee break   CSET 2 ROOM (San Pietro)   CSET 2 ROOM (San Pietro)   Chair: S. Balster (President SEPA)   CSET 2 ROOM (San Pietro)   Chair: S. Balster (President SEPA)   Coffee break   Coffee break   Coffee break   CSET 2 ROOM (San Pietro)   Chair: H. Ishilawa (JSS member)   CSET 1 ROOM (Michelangelo 1)   CSET 2 ROOM (Michelangelo 1)   CSET 3 ROOM (Michelangelo 1)			EDIDAY CEDTEMPED O
R.30-10.00   CSET 1 ROOM (Michelangelo 1)   Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan) (2. The sticky elbow: how to prevent post-traumatic elbow stiffness: tips & tricks for physiotherapists v. Jones (United Kingdom)	TIME	POOM	
10.30-12.00   CSET 2 ROOM (Michelangelo 1)   Rotator cuff related shoulder pain: what's new in its assessment & treatment F. Desmeules (Canada), J.S. Roy (Canada), D. Christiansen (Denmark)		ICSET 1 ROOM	Keynote address Chair: R. Dickinson (Vice President ICSSSET) 1. Comprehensive management of throwing injuries in shoulder & elbow joints - T. Muraki (Japan) 2. The sticky elbow: how to prevent post-traumatic elbow stiffness: tips & tricks for physiotherapists
(San Pietro)  Chair: S. Balster (President SEPA)  10.40-11.10  COFFEE BREAK AREA  Coffee break  12.15-12.45  STEPHEN COPELAND ROOM  Neer Lecture  Luncheon Sessions  Free papers: Shoulder management 2 Chair: H. Ishilawa (JSS member)  ICSET 2 ROOM (San Pietro)  ICSET 1 ROOM (Michelangelo 1)  Vorkshop Strength testing of the shoulder using a hand-held digital dynamometer - R. Lenssen (Australia)  Focused Symposium Shoulder instability: what is the role of physiotherapy in improving clinical outcome? K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)	10 30-12 00		Rotator cuff related shoulder pain: what's new in its assessment & treatment
12.15-12.45 STEPHEN COPELAND ROOM Neer Lecture  12.50-13.50 Luncheon Sessions  ICSET 2 ROOM (San Pietro) Chair: H. Ishilawa (JSS member)  ICSET 1 ROOM (Michelangelo 1) Strength testing of the shoulder using a hand-held digital dynamometer - R. Lenssen (Australia)  14.30-16.00 (Michelangelo 1) Focused Symposium Shoulder instability: what is the role of physiotherapy in improving clinical outcome? K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)			- I Too babots: Shoulder a chook in sport
12.50-13.50  Luncheon Sessions  ICSET 2 ROOM (San Pietro)  ICSET 1 ROOM (Michelangelo 1)  ICSET 1 ROOM (Michelangelo 1)  ICSET 1 ROOM (Michelangelo 1)  Focused Symposium Shoulder instability: what is the role of physiotherapy in improving clinical outcome?  K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)	10.40-11.10	COFFEE BREAK AREA	Coffee break
13.30-14.30  ICSET 2 ROOM (San Pietro)  ICSET 1 ROOM (Michelangelo 1)  Free papers: Shoulder management 2  Chair: H. Ishilawa (JSS member)  Workshop  Strength testing of the shoulder using a hand-held digital dynamometer - R. Lenssen (Australia)  Focused Symposium  Shoulder instability: what is the role of physiotherapy in improving clinical outcome?  K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)	12.15-12.45	STEPHEN COPELAND ROOM	Neer Lecture
13.30-14.30   Chair: H. Ishilawa (JSS member)	12.50-13.50		Luncheon Sessions
ICSET 1 ROOM (Michelangelo 1)  14.30-16.00  ICSET 1 ROOM (Michelangelo 1)  ICSET 1 ROOM (Michelangelo 1)  ICSET 1 ROOM (Michelangelo 1)  Focused Symposium Shoulder instability: what is the role of physiotherapy in improving clinical outcome?  K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)	13.30-14.30	(San Pietro)	Chair: H. Ishilawa (JSS member)
14.30-16.00 (Michelangelo 1) Shoulder instability: what is the role of physiotherapy in improving clinical outcome?  K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)			Strength testing of the shoulder using a hand-held digital dynamometer - R. Lenssen (Australia)
16.10-16.30 STEPHEN COPELAND ROOM ICSSSET/ICSES Closing Ceremony	14.30-16.00		Shoulder instability: what is the role of physiotherapy in improving clinical outcome?
	16.10-16.30	STEPHEN COPELAND ROOM	ICSSSET/ICSES Closing Ceremony

ICSES MODULES

ICSES + ICSET MODULES

ICSET CONGRESS MODULES

COMBINED CERIMONY

COLORS LEGENDA

COURSES TO BE PAID APART