



## Joint ICSET/ICSES session

### Title:

Treatment of patients with degenerative rotator cuff tear: surgical? or conservative? treatment

### Format:

This joint ICSSSET/ICSES discussion session will consist of a 12 minute presentation from each of the panel members describing and providing evidence of efficacy when available, of surgical and conservative treatment for patients with degenerative rotator cuff tear. This will be followed by discussion within the panel based on questions from the convenor of the session. The audience will then be invited to join the discussion. The session will conclude with a brief discussion on research priorities to provide evidence for future clinical practice.

### Panel members:

#### Prof Ann Cools



Ann Cools is a physiotherapist, working as a professor at the Department of Rehabilitation Sciences at the Ghent University, Belgium, and as senior researcher at the Dept of Occupational and Physical Therapy and the Institute of Sports Medicine, Bispebjerg Hospital, University of Copenhagen, Denmark. Her topic of research and teaching expertise, as well as her clinical work is shoulder rehabilitation in general, and sport specific approach and guidelines for exercise prescription in particular. She finished her PhD in 2003, debating scapular involvement in sports related shoulder pain in the overhead athlete, and she has published more than 150 papers in peer-reviewed international journals, wrote contributions and chapters in several international recognized books, and gives several courses on a national and international level. She was head of the Physical

Therapy Education at the Ghent University 2008-2016, founding member and president of the European Society of Shoulder and Elbow Rehabilitation (EUSSE) 2008-2012, and founding member and board member of the Flemish Shoulder Network 2016-2022.

#### Ms Jo Gibson



Jo Gibson is a Consultant Shoulder Physiotherapist working at Rehab4Performance, a private rehabilitation clinic in Liverpool UK, where the ethos is 'elite facilities for all'. Previously she worked as a Shoulder Specialist Physiotherapist in the NHS, in the Liverpool Upper Limb Unit, a role she had for 28 years. Jo has an MSc. in Advanced Practice and has developed Masters Modules regarding the assessment and management of shoulder problems for Advanced Practice programmes in her role as an Associate Lecturer at Liverpool University. She has published and presented original research, co-authored National Guidelines and written numerous book chapters. Jo has a

passion for communication and education and has been a board member of EUSSE, AHP representative for the British Elbow and Shoulder Society and co-organiser of the first ICSET meeting.

**Dr Jed Kuhn - PRESIDENT ELECT OF ASES**

Professor, with Tenure, Department of Orthopaedic Surgery, Vanderbilt University Medical School, Nashville, Tennessee, Medical Director and Head Team Physician Nashville Predators Ice Hockey Team, Nashville, Tennessee

**EDUCATION**

1974-1978	Grosse Pointe South High School, Grosse Pointe, Michigan
1978-1982	State University of New York, College of Environmental Science and Biology, in conjunction with Syracuse University, B.S. Magna Cum Laude
1982-1983	The University of Michigan, Horace Rackham School of Graduate Studies, Department of Ecology and Evolutionary Biology, M.S.
1984-1988	The University of Michigan Medical School, M.D.

**POSTDOCTORAL TRAINING**

1988-1989	Surgical Internship, Department of Surgery, The University of Michigan Medical Center, Ann Arbor, Michigan
1989-1993	Orthopaedic Surgery Residency, Section of Orthopaedic Surgery, The University of Michigan Medical Center, Ann Arbor, Michigan
1991	Fellowship in Ilizarov Techniques-2 months, Lecco, Italy
1993-1994	Orthopaedic Sports Medicine and Shoulder Surgery Fellowship, The Steadman Hawkins Clinic, Vail, Colorado

**ACADEMIC APPOINTMENTS**

1994-1996	Lecturer, Section of Orthopaedic Surgery, Department of Surgery, The University of Michigan Medical School, Ann Arbor, Michigan
1996-2002	Assistant Professor, Section of Orthopaedic Surgery, Department of Surgery, The University of Michigan Medical School, Ann Arbor, Michigan
2002- 2003	Associate Professor, with Tenure, Department of Orthopaedic Surgery, The University of Michigan Medical School, Ann Arbor, Michigan
2003-2014	Associate Professor, with Tenure, Department of Orthopaedic Surgery, Vanderbilt University Medical School, Nashville, Tennessee
2014-	Professor, with Tenure, Department of Orthopaedic Surgery, Vanderbilt University Medical School, Nashville, Tennessee

**Prof Hiroyuki Sugaya – PRESIDENT OF JSS**

President, Tokyo Sports & Orthopaedic Clinic, Professor & Honorary Instructor, John A Burns School of Medicine, University of Hawaii, Professor, Department of Orthopaedics, Tokyo Medical Women's University, Clinical Professor, Department of Orthopaedics, Chiba University

**Education**

April 1981 - March 1987 Chiba University, School of Medicine

**Honors**

1987 MD

1997 PhD

1998 Authorized sports physician, officially approved by Japan Sports Association

2004 Linatec New Frontier Award (The 1<sup>st</sup> Asian Shoulder Study Group Meeting)

**Licensed by**

The Japanese Ministry of Health and Welfare in May 1987

## **Board Certified By**

Japanese Orthopaedic Association in 1994

## **Clinical and Research Societies**

Japan Shoulder Society: Executive Board Member (2018~), Councilor (2008~)

Society President (2022~2024)

Annual Meeting President (2017)

Editorial Board Committee (2008~2012)

Social Insurance Committee (2008~)

JSES Subscription Promotion Committee (2010~2012)

Chair, International Committee (2013~)

Japanese Orthopaedic Society of Knee, Arthroscopy, and Sports Medicine (JOSKAS): Councilor (2006~),  
Public Relations Committee (2011~)

The Japanese Orthopaedic Society of Sports Medicine: Executive Board Member (2013~); Councilor (2010~);  
International Committee (2010~)

American Shoulder and Elbow Surgeons: Corresponding Member (2008~)

Japanese Orthopaedic Association: Member

Japan Elbow Society: Councilor (2021~)

International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS): Member  
Upper Extremity Committee (2011~2014)

## **Clinical Interests**

Treatment of the shoulder and elbow injuries

Arthroscopic surgery for the shoulder and elbow

Shoulder arthroplasty

## **Editorial Board**

JSES Reviews, Reports & Techniques (Associate editor: 2020~)

Journal of Shoulder and Elbow Surgery (Assistant editor: 2011~)

Journal of Clinical Sports Medicine (Japanese; 2010~)

The Japanese Journal of Orthopaedic Surgical Technique (2011~)

## **Reviewer**

American Journal of Sports Medicine

Journal of Orthopaedic Science

Sports Medicine, Arthroscopy, Rehabilitation, Therapy & Technology

International Journal of Shoulder Surgery

Indian Journal of Orthopaedics

## **Professional Experience**

*September 2020 – Present*

President, Tokyo Sports & Orthopaedic Clinic

*April 2018 – Present*

Clinical Professor, Department of Orthopaedic Surgery

Chiba University

*April 2015 – Present*

Visiting Professor, Department of Orthopaedic Surgery

Tokyo Women's Medical University

*April 2016 – August 2020*

Chairman & Director,

Sports Medicine and Joint Center, Funabashi Orthopaedic Hospital